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ROUGH COUNTRY

FORD 15-23 F-150 HEADACHE RACK

Thank you for choosing Rough Country for all your vehicle needs.

Please read the instructions before beginning installation. Check the kit hardware against the kit contents shown below. Be sure you have all needed parts and know where they go.
If questions exist, please call us @1-800-222-7023. We will be happy to answer any questions concerning this product.
Check all fasteners for proper torque. Ensure adequate clearance between all components.
Periodically check all hardware for tightness.

Kit Contents:

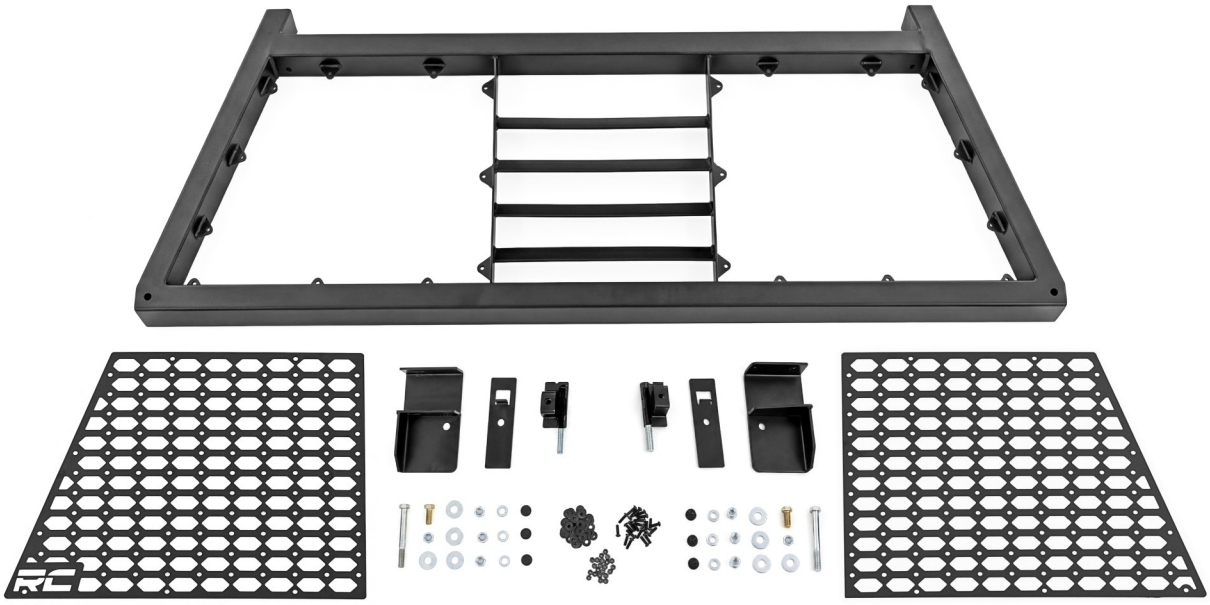
1-Headache Rack Frame
1-DR Molle Panel
1-Pass Molle Panel
1-Standard DR Mount
1-Standard Pass Mount
1-DR Stake Pocket Mount
1-Pass Stake Pocket Mount
2– Rack Positioning Plate

Tools Needed:

4mm Allen
10mm Socket or Wrench
19mm Socket or Wrench

Hardware Included:

2-1/2-13 x 4.5” Hex bolt
2-1/2-13 x 1.25” Hex bolt
8-1/2 Flat Washer
6-1/2” Lock Washer
8-1/2-13 Hex Nut
6-1/2” Plug
22-6mm x 20mm Button Head
22-6mm Nylock Nut
44– 6mm Flat Washer

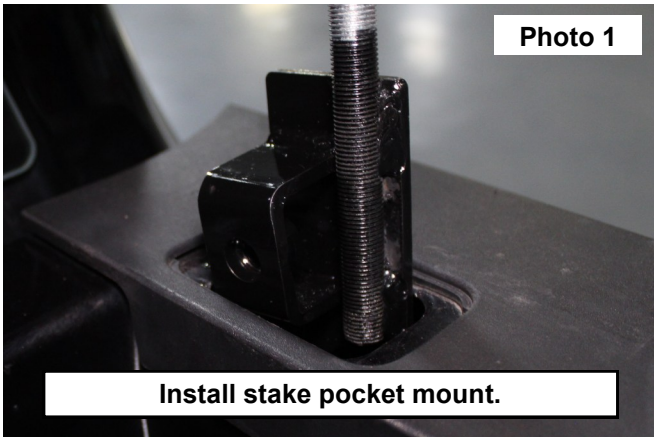


Torque Specs:

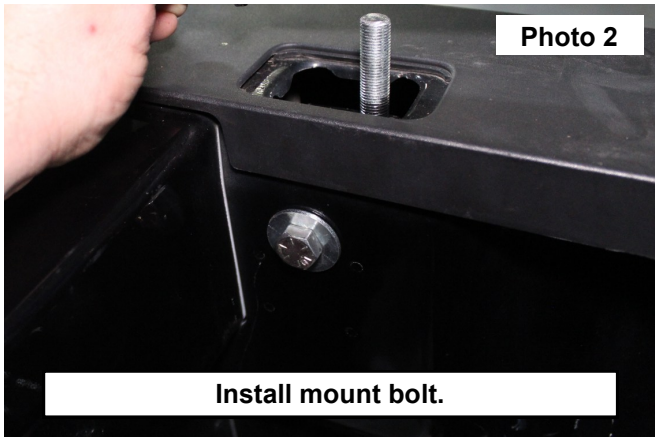
Size	Grade 5	Grade 8	Size	Class 8.8	Class 10.9
5/16”	15 ft/lbs	20ft/lbs	6MM	5ft/lbs	9ft/lbs
3/8”	30 ft/lbs	35ft/lbs	8MM	18ft/lbs	23ft/lbs
7/16”	45 ft/lbs	60ft/lbs	10MM	32ft/lbs	45ft/lbs
1/2”	65 ft/lbs	90ft/lbs	12MM	55ft/lbs	75ft/lbs
9/16”	95 ft/lbs	130ft/lbs	14MM	85ft/lbs	120ft/lbs
5/8”	135ft/lbs	175ft/lbs	16MM	130ft/lbs	165ft/lbs
3/4”	185ft/lbs	280ft/lbs	18MM	170ft/lbs	240ft/lbs

INSTALLATION INSTRUCTIONS

1. Install Molle panels using the supplied 6mm hardware and tighten using a 4mm Allen and a 10mm wrench.
2. Insert the stake pocket mount bracket into the forward stake pocket on the bed. NOTE: PASS side pictured. **See Photo 1.**
3. Using the 1/2 x 1.25 bolt and flat washer, thread into the stake pocket mount. Do not tighten at this time. **See Photo 2.**

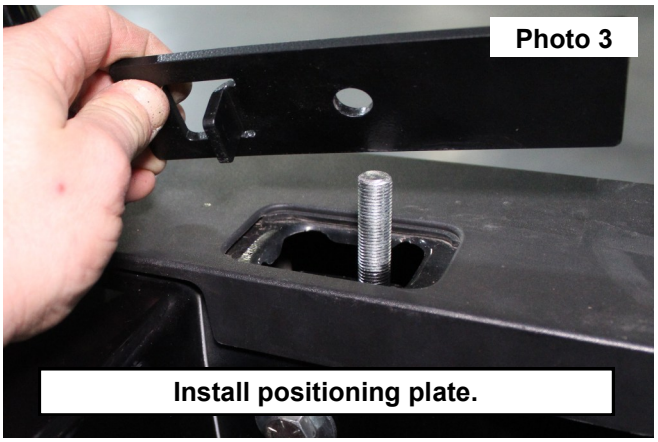


Install stake pocket mount.

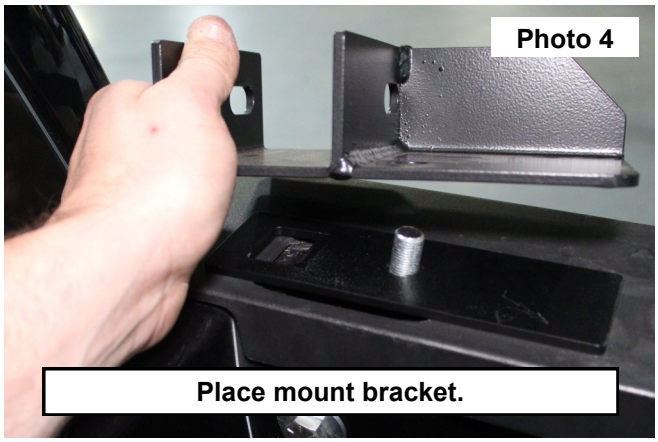


Install mount bolt.

4. Place the positioning plate onto the stake mount bracket. NOTE: Insure the tab is facing down. **See Photo 3.**
5. Place the headache mount bracket on top of the positioning plate. **NOTE: Keep the slots to the outside. See Photo 4**.

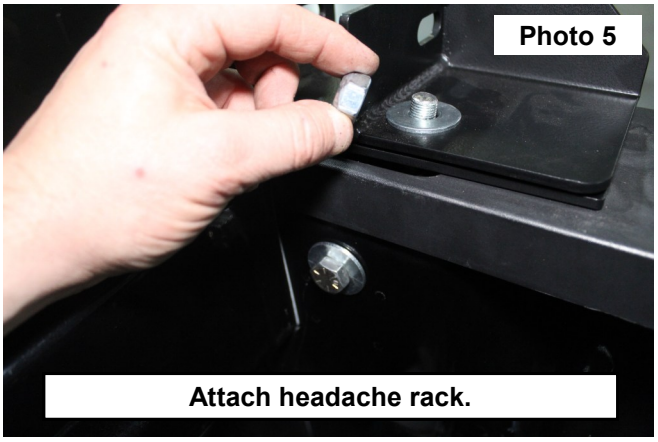


Install positioning plate.

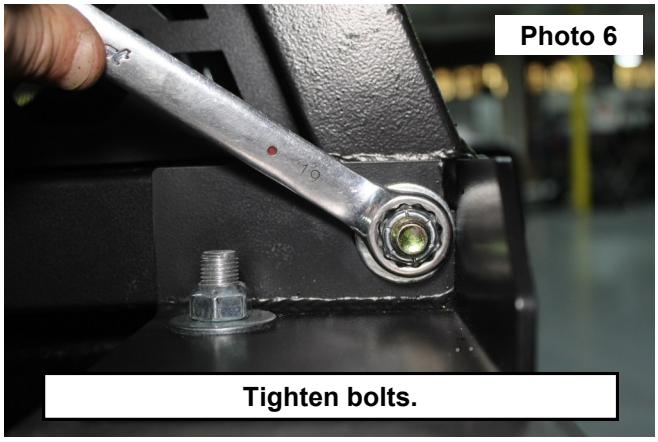


Place mount bracket.

6. Loosely thread 1/2nut and flat washer on bolt from stake mount. **See Photo 5.** Repeat steps 1-6 for DR side.
7. With assistance, place the rack onto the mounting brackets and thread the 1/2 x 4.5 bolt, 1/2 flat washer, and 1/2 nut through the rack. Using a 19mm wrench, tighten the rack. **See Photo 6.**
8. After the rack is attached to the mounting bracket, tighten hardware on stake pocket mounts.
9. Place the supplied 1/2” plugs into any unused holes in the headache rack.



Attach headache rack.



Tighten bolts.

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